



OPEN ISRAEL CHAMPIONSHIP 2021

28/05/2021 RISON LETZION, ISRAEL

RUSSIAN BENCHPRESS

Name	Age	Div	BWt (Kg)	Bench	Repetitions	abs place
Anastasia Zinchenko	35	FOR	66.7	35	46	1
Iris Shekhter	42	FOR	70	35	39	2
Sara Hecht	27	FOR	61.8	32.5	37	3
Itsik Zohar	59	MM4R	88.8	90	31	1
Alexander Rabinovich	54	MM3R	77.4	77.5	35	2
Igor Rahtaler	57	MM4R	100.9	102.5	19	3
Alon Ben Sahar	57	MM4R	79.1	80	18	4
Roy Krispin	37	MOR	99.7	100	26	1

